



Appointment date: \_\_\_\_\_ Check in time: \_\_\_\_\_

Check in at the main entrance of:

Baylor Surgical Center, 1434 W US 287 Bypass, Suite 100 Waxahachie 469-940-4030  
Texas Health Hospital, 2300 Lone Star Rd, Mansfield 682-341-5000

Baylor Surgical Center, 280 Regency Pkwy, Mansfield 817-453-2744 Methodist Hospital, 1201 E US 287, Midlothian 469-846-2000

This information has been prepared to assist you. PLEASE READ IT CAREFULLY. If you have any questions, please call the doctor's office listed below during regular business hours.

**TRANSPORTATION:** You will be sedated for the procedure. **YOU WILL NOT BE ALLOWED TO DRIVE YOURSELF HOME.** Please, make arrangements to have someone drive you home after the procedure. Allow approximately 2-3 hours from arrival to departure.

**MEDICATIONS:** DO NOT take aspirin or ibuprofen products at least 5 days prior to your procedure. If you are taking a prescribed blood thinner, please call your physician to be sure it will be o.k. to stop 5 days. If you are taking blood pressure, heart, or any critical medications continue to take them on your regular schedule, even the morning of the procedure with a sip of water only. DO NOT take diabetes medications on the morning of your procedure until you are allowed to eat again. **Invokana** (canagliflozin), **Farxiga** (dapagliflozin) and **Jardiance** (empagliflozin) should be discontinued for at least 3 days prior to procedure. **Stelgatro** (ertugliflozin) should be discontinued for a least 4 days prior to procedure.

**Preparation Day Before Procedure:** You must be on a clear liquid diet only on the day before the procedure. This includes all you want of broth, Jello, popsicles, fruit juices without pulp, soda, water, coffee and tea. Please do not have anything red the day before. This may be confused with blood during the procedure. No cream or sugar in coffee the morning of procedure.

**\*\*\*You will be given a prescription for a Sutab Bowel Prep Kit that can be taken to the pharmacy of your choice. Take each set of pills over 60-90 minutes.**

**3pm day before procedure** Take the first bottle of Sutab. Take the 12 tablets over 60-90 minutes drinking at least three 16 oz cups of any clear liquid, just not red in color.

**9pm day before procedure** Take the second bottle of Sutab. Take 6 tablets over 60-90 minutes drinking at least three 16 oz cups of any clear liquid, just not red in color.

**4 hour prior to procedure:** Take the remaining 6 tablets of Sutab over 60-90 minutes and again follow with three 16 oz cups of any clear liquid, just not red in color.

**NOTHING TO EAT OR DRINK TWO HOURS PRIOR TO YOUR PROCEDURE:**

1626 W. Hwy 287 Business, Suite 102 • Waxahachie, TX 75165 • T: 972-923-2600 • F: 972-923-1013 •  
[www.TCRSColonDoctors.com](http://www.TCRSColonDoctors.com)